



DIEN CHAN ZONE®
Italian Facial Reflexology



DIEN CHAN ZONE®
ADVANCED COURSE

Information Pack 2017-20

Course Overview
DIEN CHAN ZONE® ADVANCED COURSE
FACIAL MULTIREFLEXOLOGY
Dien Chan S.I.R.F.A. METHOD®

1st Weekend

The teaching material consisting of hand-outs and manuals specially prepared by the teachers themselves, will be provided to students at the beginning of the course, for maximum attention and an appropriate revision of the topics covered.

A. TCM and Dien Chan Zone®

- The uses of TCM in facial multireflexology
- The law of the five movements (Element Theory)
- The Circadian Cycle
- External causes of disease
- Internal causes of disease

B. Physiognomy – Introduction to Face Reading

- The story the face tells
- Signs on the face
- The origin of facial signs
- Facial classification and characteristics
- Individual features of the Face
- Self-reading of face and test
- Group test

C. Allergies

- Allergic reactions at the level of the 5 sense organs (skin and nose, mouth, eyes, ears)
- Intolerances
- Immune system deficiency
- Allergies as a vibrational response

D. Miscellaneous

- The 14 daily massages
- Self-practice / practice amongst students / practice with teacher(s)
- Search and decipher all points taken into consideration on one's own and others' faces.
- Meaning and effects of all points covered.

HOMEWORK: 21 DAYS SELF-TREATMENT WITH JOURNAL

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2nd Weekend

A. The 100 Schemes of Professor Bùi Quốc Châu

- Obtaining points on themselves
- Search and retrieval of all points taken into account on their own and others face
- Meaning and effects of all points covered
- Relationship between points on different parts of the body

B. Similarity of Form

- Finding similarities in the body
- Search and retrieval of such similarities on your own body and others'
- Study of three new musculoskeletal maps and their points on the face
- Relationship between the vertebrae, the body's organs and their various disharmonies

C. Vietnamese Massage

- Full-body Vietnamese massage as a “diagnostic” tool and means of tracking similarities in form
- Sensory pathways of the spinal cord

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3rd Weekend

A. Dien Chan Zone® Beauty Massage

- Skeletal facial apparatus
- Muscular facial apparatus
- The skin and its components
- Changes in the three structures of the face (bones, muscles, skin)
- Invasive treatments and these three structures
- Understanding and treating wrinkles
- Treatment Dien Chan Zone® ‘Beauty Massage’ S.I.R.F.A. Method
- History, Remedies, Applications & notes on olive oil

B. Facial Cranial Reflexology S.I.R.F.A. Method

- The emotions in TCM (Lung, Heart, Liver, Spleen, Kidney)
- Protocol of reflex zones massage on the cranium
- Explanation and use of Salonpas and balms on themselves and others
- Explanation and use of moxa (moxibustion) on themselves and on others

C. Vietnamese Hand Reflexology

D. Dien Chan Zone® Reflex Drainage

- Stimulation of lymphatic system on the face
- Lymphatic drainage scheme (6 areas)

E. Simplified Massages

- Irregularities and menstrual pain, pains on the cervical spine, rebalancing of thyroid function, massage at first sneeze, massage for a sore throat, massage to reduce dependence on cigarettes, more...
- Introduction to the meridian system: theory applied to facial reflexology and study of their paths on the body with hands, tools and moxa (moxibustion)
- Study of the 6 levels
- Study of Circadian Cycle divided into three complete cycles
- Search and retrieval of all the points taken into account on their own and others’ faces
- Meaning and effects of all points covered

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4th Weekend

A. Revision or completion of any parts of the program is not carried out

- Practical revision
- Question and answer session teacher(s) and students
- Explanation of the 12 cranial nerves (if not already covered)
- Revision or completion of any parts of the program not absorbed (resulting from the written exams)

B. Written Examination

- Written test on all of the course topics and written test of visual diagnosis (3 hours examination conditions)

C. Practical Examination

- Practical exam - facial reflexology
- Practical exam - cranial reflexology
- Practical assessment and possible repetition on teachers
- Visual diagnosis on a member of the public

D. Discussion

- Discussion of the two exams and results
- Discussion on examination of visual diagnosis

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Course Includes

- Complete full colour manual
- Moxa, Salonpas & Tiger Balm
- Dien Chan Zone® Reflexologist Certificate (must attend all classes & complete examination)
- Dien Chan Zone® official Reflexologist Badge and License
- AIRFI Academy jacket

Payment Information & Cancellation Policy

All attendees should reserve their place by completing a non-refundable payment of the requested deposit by a given date. Thereafter the teacher will send relevant payment information so that the remaining amount may be paid before the start of the course via bank transfer. An invoice for the full amount will be provided by the end of the course.

Should an attendee wish to cancel their reservation for any reason they may do so up to 14 working days before the course starts without penalty. If they have already paid their full course fee they will be refunded (minus the deposit). If, however, the cancellation is made less than 10 working days before the start of the course, no refund will be given though they may be offered to use the credit for another course of the same value within the year.

Student Feedback & Complaints Procedure

At the end of each course students will be provided with a Feedback Form to share their experience of the course and help the teachers improve their offering. This should be completed and returned anonymously. Any complaints should be directed to AIRFI academy at dienchanzone@gmail.com.

For further information please visit: www.dienchanzone.com